

熱泡茶

HOT TEA
【五行養生圖】

綠茶 Green Tea | 五行屬木 Wood

綠茶屬不發酵茶類，味微澀、鮮爽，茶香清新，能夠深入肝經，去肝火，適合在炎熱的夏天飲用，清熱解暑，清心除煩，神清目明，降低血栓病的概率。

As a non-fermented tea, it has a slightly astringent yet refreshing taste with a crisp, clean aroma. It is known to calm liver fire, making it ideal for summer, as it clears heat, relieves restlessness, sharpens the mind, and helps protect against cardiovascular diseases.

黑茶 Dark Tea | 五行屬水 Water

黑茶屬於後發酵茶，茶味醇、厚、苦，茶香濃、陳，可生津，可以降低膽固醇，對腎有益處。冬季養腎，可多喝黑茶，降低脂肪，延年益壽。

This post-fermented tea has a mellow, rich, and slightly bitter flavor with a strong, aged aroma. It stimulates saliva production, helps lower cholesterol, and supports kidney health.

Drinking dark tea in winter can nourish the kidneys, reduce fat, and promote longevity.

白茶 White Tea | 五行屬金 Metal

白茶屬微發酵茶，制茶工藝簡單，不炒不揉，日光萎凋，茶味甘、鮮、潤，茶香清、雅、馥。常飲白茶可以加快新陳代謝，排出廢氣，並補充人體水分，從而生津潤肺、止咳化痰，調養呼吸道。

It is a lightly fermented tea, made through a simple process without frying or rolling, and withered under natural sunlight. Its flavor is sweet, fresh, and smooth, with a delicate and elegant aroma. Regular consumption of white tea can help boost metabolism, expel toxins, replenish bodily fluids, and moisten the lungs—soothing coughs and supporting respiratory health.

喝茶五行，亦是金木水火土，五行之道

The Five Elements in tea—metal, wood, water, fire, and earth.

「茶中蘊五行，養生有講究」，喝茶時，喝的不僅是茶，亦是金木水火土，五行之道。我們在喝茶時，要對應五行，使其和諧，以此達成養生的目的。

When we drink tea, we are not simply tasting the tea, but experiencing the harmony of metal, wood, water, fire, and earth. By aligning our tea with the Five Elements, we invite balance into the body and achieve holistic nourishment.

紅茶 Black Tea | 五行屬火 Fire

紅茶屬全發酵茶類，味甘，有獨特的送煙香，花果香，茶湯紅艷明亮，入心經，並對人體的小腸起到作用，暖心暖胃。適合在秋冬季節適量飲用。
As a fully fermented tea, it has a sweet flavor with notes of smokiness and floral-fruity aromas. Its vibrant, reddish brew warms the body, supports heart and small intestine function, and is especially suitable for drinking during autumn and winter to warm the heart and stomach.



黃茶 Yellow Tea | 五行屬土 Earth

黃茶屬輕發酵茶，與綠茶工藝相近，只是在乾燥過程的前或後增加一道“悶黃”的工藝，使得黃茶茶味甜、潤，茶香馥鬱，能夠深入脾經與胃。
It is a lightly fermented tea, processed similarly to green tea but with an added “sealed yellowing” step before or after drying. This gives the tea a sweet, smooth taste and a rich, mellow fragrance.
It nourishes both the spleen and the stomach, making it a grounding and balancing choice.



HOT TEA

熱泡茶

	福鼎白牡丹 – 白茶 Fuding White Peony	\$ 50		西湖龍井 – 綠茶 Xihu Pre-Qingming Long Jing	\$ 55
	安溪鐵觀音 – 青茶 Anqi Tie Guan Yin	\$ 50		武夷大紅袍 – 青茶 Wuyi Da Hong Pao	\$ 50
	雲南遠年普洱 – 黑茶 Yunnan Aged Pu Er	\$ 50		雲南極品功夫紅茶 – 紅茶 Yunnan Supreme Black Tea	\$ 50
	君山銀針 – 黃茶 Junshan Silver Needle	\$ 80		黃金芽 – 黃茶 Huangjinya	\$ 80
	五行八寶茶 Ba Bao Tea 紅棗、杞子、桂圓、玫瑰花、冰糖、花旗蔘片、葡萄乾、鐵觀音 Red Jujube, Goji Berries, Dried Longan, Rose, Rock Sugar, American Ginseng Slices, Raisins, Tie Guan Yin Tea	\$ 70		秘密花園 – 花茶 Secret Garden 菊花、玫瑰、桂花、茉莉 Chrysanthemum, Rose, Osmanthus, Jasmine	\$ 70

COLD BREW
TEA

冷泡茶

	桂花烏龍茶 Osmanthus Oolong Tea	\$ 55		芳香蘋果果茶 Fragrant Apple Fruit Tea	\$ 55
	玫瑰蜜桃果茶 Rose Peach Fruit Tea	\$ 55		荔枝金萱烏龍茶 Lychee Jin Xian Tea	\$ 55
	白桃烏龍茶 White Peach Oolong Tea	\$ 55			

SPARKLING
TEA

氣泡茶

- 🍯 本地蜂蜜茉莉花烏龍茶 【The Grand Exclusive 獨家限定】
The Grand X Mindful Sparks Jasmine
Oolong Tea with Local Honey



\$60

COLD BREW

冷萃咖啡

- 🍯 Coffee By the Grand – 蜂BEE
Coffee By the Grand – BUZZING BEE



\$88

SIGNATURE
SPECIALTY DRINK

招牌特色飲品

- 🍯 大排檔港式奶茶(熱/冷) \$45
Dai Pai Dong Tea with Milk (Hot / Cold)

- 🍯 鳳凰單叢茶(鴨屎香)手打檸檬茶 \$55
Phoenix Oolong Lemon Tea

- 妃子笑(荔枝烏龍茶) \$60
Lychee Oolong Iced Tea

- The Grand X 四季水果茶 \$60
The Grand X Four Seasons Fresh Fruit Iced Tea

- 🍯 Moodle 老北京酸梅湯 \$55
Moodle Sour Prune Juice

SOFT DRINK/
WATER

汽水/水

- 可口可樂 / 零系可樂 \$38
Coca-Cola / Coke Zero

- 斐濟天然礦泉水 500毫升 \$45
Fiji Water 500ml

- 七喜 \$38
7up

- 意大利天然有汽礦泉水 500毫升 \$52
San Pellegrino Sparking Natural
Mineral Water 500ml

BEER

啤酒

- 可倫堡1664啤酒 \$68
Kronenbourg 1664

- 朝日啤酒 \$68
Asahi

FLORIST
INFUSIONS

蜂藝の甄

- 🍯 配馬天尼 \$88
Martini with Lemon Twist

- 加冰 \$68
On Rock

- 配湯力水 \$78
With Tonic Water

